You can access it in single player by pressing F8 and typing "spectate", you'll be able to do so. But be careful, as trying to come back to gameplay mode (typing "spectate" again) will make your game crash.

But that footage was recorded in the ReneWars server, where you start as a spectator before you join the battle.

Furthermore, you can ask for a mod/admin permission to spectate. I did it once a few years ago during a Field match in RenCorner.