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Subject: Re: Electrical Outlets

Posted by [\\_SSnipe\\_](#) on Thu, 13 Jan 2011 20:05:24 GMT

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Caveman wrote on Thu, 13 January 2011 11:41 But did you ground yourself while playing around with the insides of the computer?

Honestly I am not sure if I did correctly in the past, I usually unplug it, touch the metal frame and sit down while I do it (usually floor or chair, most of times with shoes on) But now I purchase something that wraps around my wrist and attached to anything metal "case" to prevent shock or static

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