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Subject: What are your thoughts on death?

Posted by [snpr1101](#) on Sun, 25 Jul 2010 10:17:20 GMT

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I've pondered the thought throughout recent times; and I am sorry to say that it is troubling me. I know it is uncommon for people to discuss personal yet common problems on the internet; especially on a forum such as this. However, I don't really think people here will have a go at me for it; and I don't really want anyone to. People are reluctant to discuss personal problems for fear of judgement and rejection. I have no such concern. It really does not matter to me if somebody on the other side of the world looks upon me as a lesser person for this. What does my reputation on the internet equate to anyway?

What is your resolve or philosophy that keeps your head level on the subject? Why do you, or do you not fear death?

I was personally raised in a semi Christian family and was forced to go to church every Sunday until I was about 12. I hated going; and eventually rejected the Bible and the existence of a God.

And now, one cannot help but be consumed by thoughts of insignificance. I am but one person amongst billions of others. A tiny spec of existence in the Universe. When put into such perspective, I have to question whether I really matter. And if that is the case, what do you do when the most valuable thing that is you is insignificant. If I were to jump off a bridge after writing this post, it really would not matter would it? Sure my parents and friends would be distraught...for a while. But the Earth keeps spinning; people go on and live out their grossly short lives and after some time; all is forgotten.

Once you die; do you believe that eternal nothingness is the only reality we are to "endure" so to speak? Will I be laid into Earth and left to rot; out of sight, out of mind and forgotten like our predecessors before us? Is heaven an alternate reality we have conjured to distract and deal with the grim one we face?

I think I should apologise for such a depressing post. I don't mean to dampen anyone's mood or air out dirty laundry; so for that I am sorry. Yet it is open for discussion. What are you thoughts?