Subject: SATA 3Gb/s vs SATA 6Gb/s

Posted by _SSnipe_ on Mon, 05 Jul 2010 07:24:15 GMT

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Is it really worth it?

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Yes, my motherboard supports 6Gb/s

So are the speeds really that different and noticeable? Or Should I go stick with 3.0 even tho it has a lower cache