Mid towers aren't necessarily 'bad.' They are just annoyingly small. Minis aren't that bad because they are designed to be small so things are easier to modify.

With a mid-tower, it behaves like a full-tower, but everything just seems to get in the way of everything else.

I remember in my older Mid-tower, I needed to remove my RAM from my motherboard in order to get the hard drives in and out. Mid-towers only give the room for the components themselves, not room for you to work. Because of that, you have to figure out the order of which part to install. You might put something in and be happy with it, then realize you need to take it back out in order to put something else in.

Full-towers are definitely the best way to go. They may be big, but they give you a lot of options and room to work. And if you get a nice design, they are good for room decoration.