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Subject: Re: Debate on Altruism.

Posted by [reborn](#) on Thu, 12 Feb 2009 07:38:32 GMT

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To believe that altruism does not exist, is to say that all Bhuddists are driven by personal, selfish motivations. This is not true.

I'm compelled to do something when I see the needs of other people. This is not out of a feeling of guilt, or to relieve my own guilt, because I feel none. It isn't to make me feel better about myself through charitable actions, I just feel the need to free people from suffering. This feeling comes from empathy, and the empathy comes from meditation, which leads me to strive towards freeing people from suffering.

Besides, believing that altruism doesn't exist must mean you do not believe in unconditional love, surely?

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