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Subject: Re: Arrogant PETA

Posted by [Nukelt15](#) on Tue, 13 Jan 2009 16:10:41 GMT

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Folks who go pure vegetarian often have difficulty with nutrition and have to take dietary supplements in order to avoid deficiencies. It is possible to live on a pure vegetarian diet without those supplements, but you've got to combine all of the right plants to do it as you need several different proteins and vitamins which can't be found all in the same place. If the crop of X or Y plant goes south for the year, you're up shit creek without a paddle. For that matter, what do you suggest for people who don't have access to all of the right plants and/or dietary supplements? What would PETA suggest they do, slowly starve to death?

Or you could just eat a nice, juicy steak and supplement it with widely available and incredibly cheap fruits and veggies, and not go through all the trouble of constantly worrying about whether or not you're getting enough of (insert nutrient here).

If it is acceptable for a wolf to kill and eat its food, then it is acceptable for a human to do the same. We don't have to be cruel about it, not when we have the resources we have at our disposal, but we also don't have to stop living at the expense of other life because there is nothing inherently wrong with it. We are not violating some higher law by eating meat. We are not angering some elder god by eating meat. We are simply doing what our bodies are designed to do: consume and process nutrients from a wide variety of sources, including plant and animal life. Hence the term "omnivore."

The only reason people get up in arms about animals is because they have features we can identify with- eyes, ears, mouth, etc.- folks tend to forget that everything else we eat is or was also alive. The voice of opposition loses much of its volume as that which is eaten becomes less and less human; have you ever wondered if PETA would so violently oppose the killing and eating of, say, live grubs? We do that in some places, you know. Then again, those animals aren't cute and cuddly.

On the other side of the coin, I really don't feel much sympathy for people who get themselves eaten by animals, either. Hell, when I see animal attacks on those "wildest video" shows, I'm usually rooting for the critter. Just because we're at the top of the food chain doesn't mean our position will always be secure there. Food for thought.

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