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Subject: Re: Coughing

Posted by [R315r4z0r](#) on Wed, 05 Nov 2008 07:40:16 GMT

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Believe it or not, when I was in 7th grade, I had the exact same problem. I got a minor cough one day and it just didn't go away. I would cough really hard every few minutes or when I got excited, I just couldn't shake it. My friends caught on eventually and started poking fun at me, but not like in a mean way.. more of from a joking stand point.

Anyway, it lasted me for months and months. There was no reason for me to be coughing either. I didn't do anything to provoke it or anything. It started to stain my throat and it began to hurt really badly. However, oddly enough, after suffering through this intense cough for months on end, I had finally stopped when I had surgery done to remove a double hernia.

Don't ask me how, in any way, shape, or form, that my cough had to do with my hernia (other than maybe causing the hernia)... but once I had the surgery, the cough never returned to haunt me again.

That was just over 6 years ago. That's not to say I haven't gotten coughs every now and again since then, but I never went back into the violent one I was talking about earlier.

I don't know if that helps or not... I just thought I would share my experience on the matter.

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