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Subject: Re: What Causes This?

Posted by [Starbuzz](#) on Sun, 28 Sep 2008 00:25:09 GMT

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SSnipe wrote on Sat, 27 September 2008 18:55 pawkyfox wrote on Sat, 27 September 2008 16:45 You probably tapped your Insert key.

holy shit thanks! iv always wondered what did that...question what is it for? like why does insert key do that?

Insert key provides the Overtime Mode. Programmers used to use the key a lot way back when computers came with Overtime Mode set as default. But when they wanted to insert text (make a correction or change something in their code), they would hit the Insert key to allow them to do that.

But nowadays, the Overtime mode is not set as default. It is switched around. Now the default IS Insert mode where you are typing as normal. And pressing the Insert key would put you in Overtime mode.

The Insert key was/is also used to copy and paste. Ctrl+Insert would copy. And Shift+Insert would paste.

Some people use it but it's really dumb as it is far too easier to copy and paste using more efficient shortcuts now. (Ctrl+C and Ctrl+V)

Also, Microsoft has disabled the Insert/Overtime functionality by default from Office 2007.

Toggle Spoiler If you want to get rid of the Insert key and disable Overtime mode altogether, you can do this steps:

1. Start Word
2. Click on the Tools menu
3. Click Customize
4. Click the Options tab
5. Click Keyboard
6. Under the Categories dropdown box, select All Commands
7. Under the Commands dropdown box, select Overtime
8. Under the Current keys dropdown box, select Insert
9. Click Remove
10. Click Close until the dialog windows close.

I have no use for Overtime mode and have it disabled for ages.

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