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Subject: Re: weed

Posted by [xptek](#) on Sun, 04 Nov 2007 16:51:28 GMT

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Hex wrote on Wed, 31 October 2007 15:34Up until a few years ago I toked for 16 years, anyone that says it does not have long term affects knows nothing, anyone that says it is harmless is just plain ignorant, yes cannabis has it upsides but the downsides of long term toking are way more than any upside

If possible, would you mind elaborating? I smoked at least 1.5 grams a day for a year, temporarily quit about a month ago, and haven't really haven't noticed a change at all. My memory is still the same (I didn't have a problem with memory loss while smoking, though) and I've noticed no changes in my cognitive processes or abilities. Just curious to see what long-term effects you think are associated with marijuana use, because so far I've noticed absolutely nothing at all other than being able to be pissed off more easily.

sadukar09 wrote on Fri, 26 October 2007 15:35Oh btw, smoking weed has 4-5 times the tar of a cigarette.

This is D.A.R.E-esque bullshit that has been proven false. Both contain about the same amount of tar, although marijuana users do inhale deeper and hold the smoke longer. However, you also need to take into consideration that most marijuana users smoke substantially less throughout the day than regular tobacco smokers.

Marijuana v.s. Tobacco smoke compositions

Regardless, if you're concerned about the health of your lungs, vaporize.

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