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Subject: Re: Happiness

Posted by [CarrierII](#) on Fri, 12 Oct 2007 22:20:36 GMT

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Hmm. I find it easier to be a pessimist, but this is probably the results of;

1) I don't eat a proper diet, and cannot therefore produce enough serotonin to make me happy, chemically.

2) I, having experienced a lot of... betrayal and general pratishness (great word) in my life, I look to the negative, as that way, anything postive comes as a pleasent suprise.

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