
Subject: Re: Do you consider this a "true" sport?
Posted by [Memphis](#) on Wed, 19 Sep 2007 19:51:06 GMT
[View Forum Message](#) <> [Reply to Message](#)

I have played this quite a bit and the way I see it is that with Badminton you need better hand eye coordination and more agility but with tennis you need more stamina and power. I have found that tennis is a lot more physically demanding but that is not to say Badminton is easy. On another note Squash sucks .
