

---

Subject: Re: Do you consider this a "true" sport?  
Posted by [Memphis](#) on Wed, 19 Sep 2007 11:28:17 GMT  
[View Forum Message](#) <> [Reply to Message](#)

---

Rugby is a tougher game than American Football if you watch that you will see that as a fact and not an opinion (I have watched both). I'm not saying that American Football players are weak or anything but you can be pretty sure they don't take as much of a battering with those pads on. I'm pretty sure Rugby players also have a hell of a lot more endurance since from the little I know about American Football the stoppages are quite regular. I have never really seen Aussie Rules Football so I can't really comment on that one.

---