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Subject: Re: How come I got a 8800 and still cant get a good FPS??

Posted by [Zion](#) on Wed, 18 Apr 2007 20:32:37 GMT

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Increasing the refresh rate over what your monitor can support will permanently damage your graphics card, monitor or both, rendering them useless.

Most LCD monitors support up-to 75Hz, whereas CRT (the big ones) support up to 80Hz.

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