
Subject: Re: Might be old, but what the hell? Shift Happens.
Posted by [Dave Anderson](#) on Fri, 23 Mar 2007 12:51:39 GMT
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mrpirate wrote on Fri, 23 March 2007 06:19genetics is only part of the problem.

Genetics is the least of the problem. Unhealthy eating habits, lack of exercise, lack of water, and other unhealthy habits all contribute to obesity.

To reinforce the second part of what you said, for instance, some research group did a recent study on China since they started the Westernization of China and the results showed that the average Chinese person weighs much more than before the Westernization of China. That says something right there...
