Establish a TCP connection with the IRC server on port 6667, then send the following commands:

"NICK <Nick here>"
"USER <User here> * 0 :<Name here>"

If you recieve a RAW 433 command back from the server, that means the nick you selected is in use and you need to choose another one.
When you recieve a RAW 376(MOTD) from the server you should start joining channels, identify for your nick, etc.