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Subject: Did anyone miss me?

Posted by [dead4ayear2](#) on Sat, 17 May 2003 03:32:36 GMT

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ArUsH4nllwanna tell us the long story?

(sigh)...

I have anxiety and before I wasn't on any medication. With anxiety, when I try to sleep at night, I go to bed and close my eyes but my mind is racing with thoughts and questions. So I have a million things going on in my head and I can't stop it and with all these thoughts, there's just no way I can get to sleep. So when I finally do get to sleep, (about 3:00 in the morning) when I wake up, I only have about 3 hours of sleep so I can't even get out of bed. When this happens, I sleep through school. When I was in detention, I talked to the nurse and she put me on some medication called "seriquil". It controls my anxiety in the day, and makes me sleep at night.

There's the long story. Now I have to get back to typing my dad, that I just found out has to stay in prison for two more years, a letter. And since I know that you're just going to smack the "post reply" button with your mouse and ask "what's he in prison for!? What's he in prison for!? Tell me, tell me!", he's in prison for making, using, and selling meth.

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