Not to bad, you dont. Ill tell you what. Go to my clan's server, the Clan C{I}A server, and play through a few maps. I promise that youll find a Sniper/No Shields Team Slayer match eventually. Go and get Xfire(www.Xfire.com) and install it, since you need it to join the clan. Dont worry, it isnt some virus thing, its just an ingame Instant Messenger that also tracks gaming hours. Before you can use it in a game, though, you must search for installed software in the Tools toolbar thing. It isnt to big of a program, i think around 30 MB for the installer. Not only is the installer that small, but since its an ingame Instant Messenger, it wont lag it very bad. It will lag when you get a message when playing a game.
Alright, now after youve gone and done that, head over to www.ciaclan.com and check out the rules. Then go to the Forums and post that you want to tryout in the forum with the same name. If you want, you can tell them i recommended you.(Purple{T}Magpie)
Also, my Xfire is lijitsu.