
Subject: Reminder to have annual eye exams...

Posted by [SickOptometrist](#) on Wed, 13 Apr 2005 00:56:19 GMT

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GeTSm0keDon the real tho sick-o..

my eye has been twitchin like a mofo..
i think for like a month or more now..

and its annoyin the hell outa me.. make it stop!

any advice on what would be causing it or how to stop it?

i think its been fading away a lil bit now..
but i havent been keepin track of it..

OK smoked' LOL - drives ya crazy eh? That's called eyelid myokymia . It's an involuntary rhythmic firing of the nerves which innervate the orbicularis oculi muscle of the eyelids. Typical causes for this include visual strain, emotional or physical stress, excess caffiene consumption or in many cases idiopathic (unknown cause). If addressing all of the above provides no relief, then you may consider two glasses of tonic water (w/ a swig of gin if you're inclined). Tonic water has trace amounts of a chemical called quinine which prevents those nerves from firing involuntarily. However, if you have never tried tonic water, you may find the twitch is preferable as it tastes nasty!

There ya go man - main thing to know in 50% of the cases it's totally benign (harmless). In the other 50%, it signals a massive brain tumor...

JUST KIDDIN ::pops smoke' on the shoulder::!! (I was serious about everything else tho')
